



**Penn State Lunch Menus
Lunch Menus 2023**

All lunches to include a salad
\$50 delivery charge to the Medical Center
\$16.50 per person
Minimum of 10 people
Drop off only no set up

Lunch #1

Garden Salad
Make your own Meatball and Sausage
Sandwiches
3 Veggie Bolis
Served with Oven Roasted Hash Brown
Potatoes
Onions and Peppers and Fresh Rolls

Lunch #2

Traditional Italian
Chopped Garden Salad
Chicken Parm
Baked Penne
Garlic Bread

Lunch # 3

Make your own Chef Salads
Featuring Ham Turkey Roast Beef Swiss
American
With Garden Vegetables
And Fresh Fruits
Rolls

Lunch #4
Pizza and Boli Party
(More bolis than pizza)
Featuring Red and White Pies
And Traditional and Vegetarian Bolis
House Garden Salad

Lunch #5
Caesar Salad
Chicken Saltimbocca, Provolone in a Light
Sage Cream Sauce
Vegetable Penne

Lunch # 6
Antipasto Salad
Assorted Paninis,
To Feature, Turkey Bacon Ranch, Mozzarella
and Tomato, Roast Beef and Caramelized
Onions and Santé Fe Chicken

Lunch #7
Potato and Pasta Salad
Southern Fried Chicken
Baked Beans
Corn on the Cob
Sliced Melons

Lunch 8

Strawberry Salad
Assorted Wraps to include Warm Vegetarian,
Italian, Chicken Caesar and Roast Beef
Potato Chips and Pretzels

Lunch #9

Tossed Garden Salad
Vegetable Lasagna
Homemade Meat Lasagna
Garlic Bread

Lunch # 10

Greek Salad
Assorted Philly Cheese Steaks
Chicken Cheese Steaks
Warm Veggie Grinders

Lunch # 11

Potato Salad and Cole Slaw
Assorted Cold Grinders to include Italian,
Turkey Bacon Ranch, Ham and Tuna Salad
Pretzels

Lunch #12

Create your Own Salads
Strawberry Salad
Caesar Salad
Chopped Salad
With sides of Sliced Chicken, Steak and
Salmon

Lunch #13

Mexican Corn Salad

Make your own Chicken, Beef and Vegetable
Fajitas

Spanish rice and Refried Beans

Lunch #14

Cole Slaw and Potato Salad

BBQ Chicken

Macaroni and Cheese

Watermelon, instead of Cookies

Lunch #15

Oriental Cabbage Salad

Stir Fry Chicken and Beef

Fried Rice

Vegetable Lomein

Lunch # 16

Corn Salad

Make Your Own Tacos

Featuring Beef, Chicken and Tofu fillings

With the Appropriate Condiments

And Refried Beans and Mexican Rice

Lunch #17

Tomato and Red Onion Salad

Southern BBQ

Pulled Smoked Pork and Chicken BBQ with
Potato Rolls

Cole Slaw and Steaming Corn on the Cob

Lunch #18

Garden Tomatoes and Onions

Make your Own Burgers

A selection of Beef and Vegetarian Burgers
with All of the Topping and French Fries
and Onion Rings

Lunch #19

Soup of the Day

Chicken Pot Pie

And Beef Stew

Mashed Potatoes and
Vegetable of the Day
Whoopi Pies

Dessert Options

Lunches include the one of the following

Cookies, Cannoli's, Brownies, Cake Petit Fours

Soft Drinks included

All lunches include plasticware.