

Proposal for Penn State Lunches 2016

All lunches to include a salad, dessert, soda and water, price
based on 35 pp. per lunch
\$25 delivery charge
13.50 per person, tax exempt

NOTE ITEMS IN RED ARE NEW FOR 2016

**Note: Desserts to alternate on a 5 day rotation to include
Cookies, Canollis, Brownies, Cake and Petit Fours**

Lunch #1

Garden Salad

Make your own Meatball and Sausage
Sandwiches

3 Veggie Bolis

Served with Oven Roasted Hash Brown
Potatoes

Onions and Peppers and Fresh Rolls

Lunch #2

Traditional Italian

Chopped Garden Salad

Chicken Parm

Baked Penne

Garlic Bread

Lunch # 3

Make your own Chef Salads

Featuring Ham Turkey Roast Beef Swiss
American

With Garden Vegetables

And Fresh Fruits

Rolls

Lunch #4
Pizza and Boli Party
(More bolis than pizza)
Featuring Red and White Pies
And Traditional and Vegetarian Bolis
With Italian Wedding Soup

Lunch #5
Caesar Salad
Chicken Saltimbocca, Provolone in a Light
Sage Cream Sauce
Vegetable Penne

Lunch # 6

Antipasto Salad
Assorted Paninis,
To Feature, Turkey Bacon Ranch, Mozzarella
and Tomato, Roast Beef and Caramelized
Onions and Santé Fe Chicken

Lunch #7
Potato and Pasta Salad
Southern Fried Chicken
Baked Beans
Corn on the Cob
Sliced Melons

Lunch 8
Strawberry Salad
Assorted Wraps to include Warm Vegetarian,
Italian, Chicken Caesar and Roast Beef
Potato Chips and Pretzels

Lunch #9

Tossed Garden Salad
Vegetable Lasagna
Homemade Meat Lasagna
Garlic Bread

Lunch # 10

Greek Salad
Assorted Philly Cheese Steaks
Chicken Cheese Steaks
Warm Veggie Grinders

Lunch # 11

Italian Wedding Soup
Potato Salad and Cole Slaw
Assorted Cold Grinders to include Italian,
Turkey Bacon Ranch, Ham and Tuna Salad
Pretzels

Lunch #12

Create your Own Salads
Strawberry Salad
Caesar Salad
Chopped Salad
With sides of Sliced Chicken, Steak and
Salmon

Lunch #13

Mexican Corn Salad
Make your own Chicken, Beef and Vegetable
Fajitas
Spanish rice and Refried Beans

Lunch #14
Cole Slaw and Potato Salad
BBQ Chicken
Macaroni and Cheese
Watermelon, instead of Cookies

Lunch #15
Oriental Cabbage Salad
Stir Fry Chicken and Beef
Fried Rice
Vegetable Lomein

Lunch # 16
Corn Salad
Make Your Own Tacos
Featuring Beef, Chicken and Tofu fillings
With the Appropriate Condiments
And Refried Beans and Mexican Rice

Lunch #17
Tomato and Red Onion Salad
Southern BBQ
Pulled Smoked Pork and Chicken BBQ with
Potato Rolls
Cole Slaw and Steaming Corn on the Cob

Lunch #18
Deli Display
An assortment of Pastrami, Corned Beef,
Roast Beef, Turkey and Ham
With Apposite Accompaniments
And Rolls Consisting of Potato, Subs
Kaisers and Sourdough

Lunch #19
Garden Tomatoes and Onions

Make your Own Burgers
A selection of Beef and Vegetarian Burgers
with All of the Topping and French Fries
and Onion Rings



Lunch #20
Potato and Pasta Salad
Southern Fried Chicken
Baked Beans
Corn on the Cob

Lunch #21
Soup of the Day
Chicken Pot Pie
And Beef Stew
Mashed Potatoes and
Vegetable of the Day
Whoopi Pies

Make sure there is something for a
vegetarian to eat,
Do not use pork dishes
Make sure we bring appropriate condiments.
More Diet Sodas and Water than Regular